



Love God Love People Live Like We Mean It

Don't Check Check the Cookies / Trust the Process

1 Corinthians 4:2-5

Now it is required that those who have been given a trust must prove faithful. I care very little if I am judged by you or by any human court; indeed, I do not even **judge** myself. My conscience is clear, but that does not make me innocent. It is the Lord who judges me. Therefore judge nothing before the appointed time; wait until the Lord comes. He will bring to light what is hidden in darkness and will expose the motives of the heart. At that time each will receive their praise from God.

Judge (examine) anakrínō

This word is often used in its **forensic** sense in the ancient world. It can even refer to "**examination by torture**"

2 Corinthians 5:17-19

Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here! All this is from God, who reconciled us to himself through Christ and gave us the ministry of reconciliation: that God was reconciling the world to himself in Christ, not **counting** people's sins against them. And he has committed to us the message of reconciliation.

Counting (reckoning) logízomai

Properly, compute, "take into account"; reckon (come to a "bottom-line")
i.e. reason to a logical conclusion (decision)

Philippians 1:6

being confident of this, that He who began a good work in you will carry it on to completion until the day of Christ Jesus.

Completion epiteleó

Complete, accomplish, perfect.

Pause for 5 Minutes of Journaling - What thoughts and emotions is this topic stirring inside of you?

Break into small groups to discuss the following questions.

Questions to Consider:

1. How does overanalyzing yourself and others contribute to your negative cycles?
2. How much energy would you save each day if you stopped overanalyzing life?
3. What positive ways could you invest all of the saved energy to add value to your life and the life of others?
4. What would happen if you used the same amount of energy to analyze life for hidden blessings and success rather than curses and failures?

Gather Back as One Group and Share What You Got From Today's Discussions - End In Prayer